



reward yourself

New Year's Resolutions are not easy to stick to. Why? Because, you're working to break habits that you've spent years developing. The Ambassador Wellness Center wants to help you reach your goal and we're even willing to send you to Florida for a little inspiration!

Work out eight times or refer a new member in the month of February and be entered to win a trip for two to Florida. Other great prizes awarded as well. You must be a member to participate; so join today for your chance to win!

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